

NOVEMBER 2015

STAFF

Carie Dick—Director
Bev Hinkle—Assistant Director
Cheri Brosmer—Receptionist

VAN DRIVERS

Tanya Jackson
Bernie Schaeffer






ARNOLD F. HABIG COMMUNITY CENTER

OLDER AMERICANS

1301 St. Charles Street, Jasper, IN 47546

Phone: 812-482-4455


Web Site: www.jasperindiana.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Center Open 1 - 4	2 9:00 Exercise Class 9:45 Exercise Class 12:30 Hand & Foot 3:00 Money due Derby Dinner *	3 10:00 Tender Loving Crafts 11:15 Blood Pressure Checks 12:00 BINGO	4 9:00 - 10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Tripoley	5 7:30 Sign-Up for Mega Caverns * 9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney	6 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Golf	7
8 Center Open 1 - 4	9 9:00 Exercise Class 9:45 Exercise Class 12:30 Hearts 3:00 Reservations due Catered Meal *	10 10:00 Tender Loving Crafts 12:30 Scrabble 12:30 Phase 10	11 CLOSED 	12 9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club	13 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Pay Me 3:00 Reservations due Boomerama *	14
15 Center Open 1 - 4	16 9:00 Exercise Class 9:45 Exercise Class 12:00 Boomerama 12:30 Dominoes 3:00 Reservations due Lunch Bunch *	17 10:00 Tender Loving Crafts 11:15 Blood Pressure Checks 12:00 BINGO 3:00 Reservations & Money Due Christmas Party *	18 8:45 Leave Armory for Tropicana * 9:00 - 10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Golf	19 9:00 Exercise Class 9:45 Exercise Class 12:30 Sheephead Tourney 12:30 Hand & Foot	20 8:30 Mah Jongg 10:00 Singing Seniors at Good Samaritan 11:00 Lunch Bunch 12:30 Tripoley	21
22 Center Open 1 - 4	23 9:00 Exercise Class 9:45 Exercise Class 12:30 Texas Holdem	24 10:00 Tender Loving Crafts 12:00 Catered Meal 12:30 Scrabble 12:30 Hearts	25 9:00 - 10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Phase 10	26 CLOSED THANKSGIVING DAY 	27 CLOSED	28
29 Center Open 1 - 4 2:00 Singing Seniors at Dubois County Museum	30 9:00 Exercise Class 9:45 Exercise Class 12:30 Pay Me 3:00 Money due Mega Caverns *					

NOVEMBER HOMEBOUND 2015

THANK YOU FOR YOUR DONATION. PLEASE ASK THE DELIVERER FOR DONATION ENVELOPES WHEN YOU RUN OUT.

Dubois, Daviess, Martin, Pike, GENERATIONS NUTRITION, Menu subject to change without notice.
Meals served with milk and margarine. Phone number for meals (812)367-2990

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Pasta Casserole Cauliflower Hot Wheat Roll Pudding	3 Chicken & Dumplings Brussel Sprouts Yam Patties Raisins Wheat Bread	4 Ham & Beans Cornbread Mixed Greens Oatmeal Pie	5 BBQ Chicken Winter Blend Vegetables Parsley Potatoes Grape Juice Wheat Bread	6 Sloppy Joe Cheese Potatoes Peas Fresh Apple Bun	7
8	9 Pork BBQ Baked Beans German Potato Salad Pineapple Bun	10 Hamburger/Cheese Potatoes Green Beans Granola Bar Wheat Bread	11 Chicken & Rice Broccoli Hot Spiced Pears Wheat Bread	12 Chili Crackers Applesauce PB&J	13 Grilled Cheese Soup Peaches Crackers/Cookie	14
15	16 Hot Dog Baked Beans Steamed Cabbage Pineapple Bun	17 Meatloaf Diced Potatoes Corn Graham Crackers Wheat Bread	18 Turkey/Gravy Dressing Mashed Potatoes Green Beans Cranberry Juice Bread	19 Parmesan Chicken Yam Patties Stewed Tomatoes Grape Juice Wheat Bread	20 Chicken Salad Peaches Salad Potato Chips Wheat Bread	21
22	23 Country Fried St/Gravy Mashed Potatoes Vegetable Blend Mixed Fruit Wheat Bread	24 Chicken & Dumplings Brussel Sprouts Carrots Oatmeal Pie Wheat Bread	25 Teriyaki Chicken Sliced Potatoes Butter Beans Pears Wheat Bread	26 CLOSED 	27 CLOSED	28
29	30 Swedish Meatballs Broccoli Carrots Mixed Fruit Wheat Bread					

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING**: In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



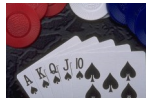
- **OUTSIDE WALKING TRAIL**: Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Fall weather.



- **FITNESS ROOM**: Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS**: Card tables available for your use on a daily basis.



- **BILLIARDS/POOL**: Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



**RAINBOW MESSENGER
NOVEMBER, 2015**

- **COMPUTER LAB**: The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop, Kindle or Ipad.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)**
Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every **Tuesday morning from 10 to 12**. Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational and a super way to meet new friends.
November 3 - Fall Wreaths
November 10 - Thanksgiving Ceramics
November 17 - Leaves
November 24 - Pine Cone Bird Feed

- **SINGING SENIORS**: Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at Good Samaritan on Friday, November 20th and the Dubois County Museum on Sunday, November 29 at 2:00.



- **BINGO**: Will be played at 12 p.m. **Tuesdays, November 3rd and 17th**. We ask you to keep bills to \$5's and under as we pay out 100% and do not have change. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

B I N G O				
7	25	44	57	62
15	22	40	50	70
11	30	FREE SPACE	46	74
2	28	37	55	68
10	27	39	59	75

- **BLOOD PRESSURE CHECKS**: Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays November 3rd and 17th**.



- **EXERCISE CLASS**: Every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!

- **EXERCISE CLASS** For more of a challenge, come in at **9:45 a.m. on Monday & Thursday mornings** for a group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.



CARD TOURNEYS



- **Thursday, November 5th**
Cinch Tourney
- **Thursday, November 12th**
Rum Tourney
- **Thursday, November 19th**
Sheephead Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and paid back to the 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

- **TEXAS HOLDEM**: Will be played **Monday, November 23rd at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives the cash prize. **Reservations are due by 10 a.m. the morning you play.**
- **DOMINOES**: The Mexican Train version will be played at **12:30 p.m. on Monday, November 16th.** It is a fun game that is easy to learn. Everyone is welcome! **Please call in by 10 a.m. if you are coming in to play.**
- **PAY-ME**: A game similar to Rum but played with 3 decks of cards, including the jokers will be played at **12:30 p.m. Friday, November 13th and Monday, November 30th.** **Please let us know by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

- **TRIOLEY**: Bring your pennies to play Tripoley at **12:30 p.m. Wednesday, November 4th and Friday, November 20th.** We have a lot of fun! **Please call in by 10 a.m. game day if you would like to play.**



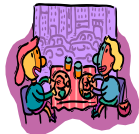
- **SCRABBLE**: How about a little challenge? Come in to play Scrabble at **12:30 p.m. on Tuesdays, November 10th and 24th.** **Please sign-up by 10 a.m. game day if you plan to attend.**
- **PHASE-10**: Will be played Tuesday, November 10th and Wednesday, November 25th at **12:30 p.m.** It is a fun easy card game, **Please call in by 10:00 a.m. if you would like to play.**
- **HEARTS**: We will play at **12:30 p.m. Monday, November 9th and Tuesday, November 24th.** This game is easy to learn and very enjoyable. **Call in by 10:00 a.m. if you will be able to play.**
- **GOLF**: The card game will be played **Friday, November 6th and Wednesday, November 18th at 12:30 p.m.** Four to six players can play before adding another deck. Low score wins the game. If you've played it before come in and join the fun, if this is your first time I'm sure you'll enjoy playing. **Please call in by 10:00 a.m. to sign up.**

- **HAND AND FOOT**: A 2 handed, game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us **Monday, November 2nd and Thursday, November 19th at 12:30 p.m.** Please call in by 10:00 a.m. if you would like to play.
- **PUZZLES**: We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.
- **MAH JONGG**: Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m.** **If you can play on Wednesday please call in by 10 a.m. to let us know.** New players welcome.

RAINBOW MESSENGER

SPECIAL ACTIVITIES

- **LUNCH BUNCH:** Join us at the K of C on **Friday, November 20th at 11:00 a.m.** They offer a plate lunch of: meat, potato, vegetable, and either slaw or cottage cheese, plus tea or lemonade for \$7.00. (The plate lunch menu will be set in November). A lunch menu is also available. As always the meal is "dutch treat". **Reservations are due by 3:00 p.m. Monday, November 16th.** Come enjoy good food and visit with old friends & make new ones!



- **CATERED MEAL:** Will be held at **12:00 on Tuesday, November 24th with Sander Catering** preparing the meal. The meal will be a breakfast menu consisting of: Bacon & Sausage, scrambled eggs, german fries, biscuits & gravy, decaf coffee and orange juice. Cost of the meal is **\$7.00**.

Please make your reservations by 3:00 p.m. Monday, November 9th.



- **BOOMERAMA:** Will be held, **Monday, November 16 at 12:00.** The speaker is to be determined. **More information to come as date gets closer. Watch the Herald for updates.**

- **BOOK CLUB:** We will discuss "The Forgotten" by David Baldacci at 12:30 p.m. **Thursday, November 12th.** The December book will be "The Vault" by Ruth Rendell. The book is set in North London. Wexford is the retired chief inspector from the local police force. An old acquaintance from the force ask Wexford help solving a case. Find out how Wexford's family fits into the plot. New members are always welcome. (Meeting in The Library at Center)



- **BIRTHDAY & ANNIVERSARY:**

We will no longer be publishing birthday and anniversaries in the newsletter. If you would like your birthday and/or anniversary to appear on the bulletin board at the Center, please let the staff know the month and day. Thank you!!

- **BOOK SHELF:** The books have been moved downstairs to The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

- Free beginner and intermediate bridge lessons. Call Cindy Kluemper at (812)482-3299 or Mary Ann Seng at (812)482-1101



*****2016 Newsletter*****

It is time to sign-up to have the 2016 Rainbow Messenger mailed to you each month. The fee for the entire year is \$7.00. Make checks payable to Older American Center & include your address. The newsletter is available free for you to pick up at the Center in Jasper, Huntingburg's Senior Center, Meadowood & Ferdinand's Center. Also available online at www.jasperindiana.gov

TRIPS

TROPICANA CASINO Wednesday, November 18th

Wednesday, November 18th. We will leave the Armory at 8:45 a.m. with pickups at the Huntingburg Methodist Church upon request. You will receive \$8.00 in slot play and \$9.95 in meal credit to use at any of the restaurants on the Tropicana Property.

DECEMBER

DERBY DINNER PLAYHOUSE Thursday, December 10th

Our trip to the Derby Dinner to see "White Christmas" is set for Thursday, December 10th. We will leave the Armory at 9:30 a.m. with pickup in Huntingburg, if requested. Enjoy the lunch and matinee.

****There is a \$25.00 charge for
all returned checks****

DECEMBER

MEGA CAVERNS TRIP Wednesday, December 16th

Lights under Louisville. Is scheduled for Wednesday, December 16th. The bus will leave the Armory at 2:00 p.m. with pickups in Huntingburg and Ferdinand upon request. We will stop at Cracker Barrel in Corydon to eat, then on to the show. On the way home we will stop at Culver's. Sign-ups start at 7:30 a.m. by phone on Thursday, November 5th. Cost of the trip is \$38.00 for transportation and admission to Mega Caverns Light Show. Money is due by 3:00 p.m. on Monday, November 30th.

ANNUAL CHRISTMAS PARTY

You are invited to our annual Christmas Party on Friday, December 4th. Activities will begin with a meal at noon fixed by Meyer Catering. Our menu is: Grilled chicken breast, roast beef with gravy, dressing, green beans, combination salad with choice of dressings, wheat rolls, cake, decaf coffee or unsweetened iced tea. Entertainment by the Singing Seniors and we will have prizes to give out as well. The cost for the meal is \$12.00. Be sure to get your reservation and money into the Center by 3:00 on Tuesday, November 17th. A shuttle will run every 15 minutes from the Jasper Armory parking lot to the front door of the Center from 10:00 a.m. until 3:00 p.m. We hope you take advantage of our "Valet Service".



Recipe Exchange

Easy Corn Pudding

Ingredients:

- 1 (15 oz) can creamed corn
- 1 (15.25 oz) can whole kernel corn
- 1/4 pound butter, softened
- 1 (8.5 oz) package corn bread mix
- 1 (8 oz) container sour cream (optional)

Directions: Preheat oven to 350 degrees. Put butter in 2 quart casserole dish, place in oven until melted. Remove casserole dish and add creamed corn, kernel corn, corn muffin mix and sour cream. Mix well, bake uncovered approximately 30 minutes.

Submitted from: Allrecipes.com

Have a good recipe to share? We would be happy to publish it.

HUNTINGBURG SENIOR CENTER NOVEMBER 2015

Call the Center at 683-2994 to make reservations for the Card Tournaments held at 12:30 p.m. on **Mondays**. You will enjoy the day!!



There will be Bingo all 4 Wednesdays, in November



There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others



The Huntingburg Senior Center now has games and activities available for those who don't play cards.

Battleship	Boggle	Skip-Bo
Chinese Checkers	Dominoes	Uno
Mastermind	Monopoly	Sorry
Rummikub	Left, Right, Center	
Yahtzee	Puzzle books	
Sudoku	Left, Right	

Deer in the Headlights - A card & dice game.

Several have learned to play this and really enjoyed it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

****We have games scheduled for most days but you are free to do what ever interests you. You do not have to play the game of the day.****

Puzzle: We have one started, come in and help put it together!



CARRY-IN LUNCH

Thursday, November 12. Enjoy a delicious lunch with friends followed by cards & games if you choose to stay. Please bring a favorite dish to share. Bring a friend!



Don't quit walking just because the gym is closed. Walking trails are available in the City and around the county so you can continue your fitness routine.



Memorial Gym is open for walking.
Hours are Monday—Friday 5:00 am to 1:30 pm and Saturday 7:00 am to 11:00 am

**** Get your Blood Pressure Checked****
First Wednesday of the month from 12:30 - 1:00 p.m.

NOVEMBER BIRTHDAYS

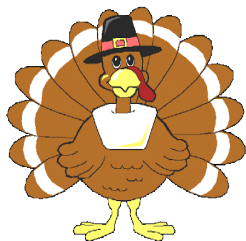
Betty Schaefer - 14
LaVerne Hanebutt - 15
Loretta Steineker - 21
Clesta Stetter - 21



ALASKAN CRUISE




The Huntingburg Senior Center is sponsoring a cruise to Alaska aboard the Norwegian Jewel, May 14 thru 21, 2016. This trip will include round trip flight to Seattle from Louisville and 7 nights on the ship with all meals furnished. The ports of call will be Ketchikan, Juneau, Skagway, and Victoria, British Columbia. The cost is \$2,190 for an inside cabin, \$2,399.00 for an outside cabin, and \$2,739.00 for a balcony cabin. These prices are per person based on double occupancy. A valid passport is required. A \$300.00 deposit along with full name and birthdate is required by December 16, 2015. Any additional people who are interested in the cruise will be subject to availability of cabins and possibly a higher rate as well. Final payment for the cruise will be due by February 1, 2016. The cruise line requires the passenger's first, middle, and last name as it appears on their passport. Forms are available by contacting Rita Reller at the Huntingburg Senior Center, 309 N Geiger St, Huntingburg, IN 47542. Anyone 18 years of age or older may sign up.



NOVEMBER 2015

HUNTINGBURG SENIOR CENTER
309 N Geiger St
Huntingburg IN 47542
812-683-2994
Rita: 812-309-9576

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 12:30 Cinch Tourney Sponsor: Brookside	3 CLOSED	4 12:30-1:00 Blood Pressure Checks 1:00 BINGO Sponsor: HLS 2:00 Cards & Games	5 12:30 Cards & Games	6 CLOSED	7
8	9 12:30 Euchre Tourney Sponsor: The Timbers	10 CLOSED	11 1:00 BINGO Sponsor: ViaQuest 2:00 Cards & Games	12 12:00 Carry-In Lunch Sponsor: St. Charles 1:00 Cards & Games	13 CLOSED	14
15	16 12:30 Cinch Tourney Sponsor: Northwood	17 CLOSED	18 1:00 BINGO Sponsor: Scenic Hills 2:00 Cards & Games	19 12:30 Cards & Games	20 CLOSED	21
22	23 12:30 Euchre Tourney Sponsor: ViaQuest	24 CLOSED	25 1:00 BINGO Sponsor: The Waters 2:00 Cards & Games	26 CLOSED 	27 CLOSED	28
29	30 12:30 Presentation by Gentiva Hospice 12:00 Soup Lunch 1:00 Cards & Games					